

***Insurance companies vary on if and/or how much of a Doula's services they will pay for. Many times, a "prescription for Doula Care" can influence the company to cover a Doula. The following is an example of how your care provider might word this prescription.***

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<Date>

<Client name> is under my care for pregnancy, due on or about <due date>. This will be her <first, second...> baby. Pregnancy has been uncomplicated. {Or list complications: VBAC, previous vacuum extraction, epidural, etc.}

I have advised her to engage a professional birth assistant for home care before and after the birth and for labor support in the hospital.

I have recommended Kelly Siebe, who is a professional childbirth assistant, certified as a Health Counselor through the American Association of Drugless Practitioners, and has received her doula training through DONA International (Doulas of North America).

I feel that this support is medically necessary because of her desire to have a <non-medicated, intervention-free> birth and because of limited nursing support in the <hospital, birthing center, etc>.

Signed,

<care provider's signature>